

# TOTS TRAINING®



## COURSE DESCRIPTION



In this cutting edge continuing education course, participants will learn the E3 model of care for tethered oral tissues. This includes relevant background information on how tethered oral tissues affect oral function from birth to maturity. The course format includes lecture, video/photograph examples, case studies, pre and post assessment activities, demonstrations, and hands-on application of techniques in an interactive atmosphere where questions and discussion are welcomed. This course is a specialty training that is targeted for the oral function professional including Speech-Language Pathologists and Assistants, Occupational Therapists and Assistants, Orofacial Myofunctional Therapists, and Lactation Consultants and Counselors. However, this training is appropriate for other professionals including Pediatricians, Physician Assistants, Nurse Practitioners, Nurses, Dental Hygienists, Dentists and Assistants, Dietitians, Physical Therapists and Assistants, Early Intervention Specialists, Osteopaths, Otolaryngologists, Chiropractors, Applied Behavior Analysts, and Psychologists to learn about tethered oral tissues and make appropriate referrals. Participants who complete the training in its entirety with optional listing on the Chrysalis Orofacial website as a “TOTS: Tethered Oral Tissues Specialty Trained” professional. Participants who complete the training in its entirety will be granted permission to use and display “TOTS: Tethered Oral Tissues Specialty Training” logo, as a designation to the public of their completion of the training.

## AGENDA DAY 1

- ✓ Registration/Breakfast
- ✓ Introduction, Background, & Pre-Assessment Activities
- ✓ Embryology, Anatomy, Physiology, & Developmental Milestones
- ✓ Break
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- ✓ Lunch
- ✓ History, Theory, & Research
- ✓ Break
- ✓ Principles and Introduction of E3 Model of Care
- ✓ Evaluation

## AGENDA DAY 2

- ✓ Registration/Breakfast
- ✓ Evaluation
- ✓ Break
- ✓ Education
- ✓ Lunch
- ✓ Education
- ✓ Execution
- ✓ Break
- ✓ Execution
- ✓ Conclusion, Questions, & Post-Assessment Activities

## CORE OBJECTIVES

- ✓ Define various tethered oral tissues
- ✓ Dispel common myths regarding tethered oral tissues
- ✓ Describe normal embryology, anatomy, physiology, and developmental milestones for optimal oral function
- ✓ Reference current research regarding tethered oral tissues and correlated conditions
- ✓ List signs/symptoms of tethered oral tissues and correlated conditions
- ✓ Evaluate for presence and impact tethered oral tissues have on oral function, including specific evaluation protocols, proper oral exam and report writing
- ✓ Educate and communicate with patients, family, and other medical professionals regarding identification and treatment of tethered oral tissues, including educational tools and resources
- ✓ Execute a treatment plan for optimizing oral function in the post release of tethered oral tissues, including active wound management and specific treatment techniques



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