

# STONES APPROACH

## Systematic Treatment of Orofacial Myofunctional Disorders with Nuanced Effective Strategies

### COURSE DESCRIPTION

This advanced myofunctional therapy course focuses on clinical decision-making and details with implementing treatment for an orofacial myofunctional disorder. Often times, clinicians know the goals for treatment, but need creative and successful strategies to achieve positive results.

Additionally, it is not enough to demonstrate a skill in therapy; it should be executed without compensations and generalized to habitual function. There are many barriers to success that require outside referrals to other professionals and interventions. The course explores when and why these outside referrals are needed with treatment plan collaboration and sequencing.

### AGENDA DAY 1

- ✓ Introduction & Background
- ✓ Clinical & Research Support
- ✓ Principles of The STONES Approach
- ✓ Compensations & Nuances
- ✓ Evaluations for Treatment Planning

### AGENDA DAY 2

- ✓ Keystones, Cornerstones, and Stepping Stones of Treatment
- ✓ Indicators for Referrals and Discussion of Sequencing/Timing
- ✓ Oral Habit Elimination
- ✓ Case Studies
- ✓ Resources for Therapy, Documentation, & Carryover
- ✓ Conclusion with Q&A

### OBJECTIVES

- ✓ Identify guiding principles of The STONES Approach
- Describe the Keystones of Myofunctional Therapy
- ✓ Associate the Cornerstones of Myofunctional Therapy with the Keystones of Myofunctional Therapy
- ✓ Apply the Stepping Stones of Myofunctional Therapy to achieve the Cornerstones of Myofunctional Therapy
- ✓ Employ adaptive strategies on an individualized level using cues, props, modifications, and task analysis
- ✓ Integrate strategies to reduce common compensations
- ✓ Track the progress of myofunctional therapy goals
- ✓ Implement methods for patient self-monitoring, carryover, and habitualization
- ✓ Formulate criteria to guide clinical decision making and treatment timetables for external referrals



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